

Youth are the Future



한국청소년상담복지개발원
Korea Youth Counseling & Welfare Institute

Korea Youth Counseling & Welfare Institute



Contents

Message from the President	05
----------------------------------	----

About KYCI	06
------------------	----

- History
- Functions

Main Services

• Support for Youth Safety Net (CYS-Net)	10
• Support for Out-of-school Youth	12
• Training for Prospective & Current Youth Counselors	14
• Peer Counseling for School Violence Prevention	16
• Character Development Programs	17
• Preventing & Combating Media Overdependence	18
• Counseling Service for Youth/ Research on Youth Counseling & Welfare	20
• Training in Youth Rights	21
• Cyber Youth Counseling Center	22
• Ensuring Quality of Youth Welfare Facilities	23
• National center for Youth Internet addiction Treatment..	24
• National Youth Healing Center	25
• Corporate Social Responsibility	26
• Contact information	27





‘A World Full of Happy Youth’

KYCI is turning a vision into reality.

Welcome, everyone!

This is Yun Hyo-sik, the President of the Korea Youth Counseling & Welfare Institute (KYCI).

Since its inception in 1993, the KYCI has played a pivotal role of overseeing Youth Counseling & Welfare Centers in local provinces and districts across Korea over the past 20 years. As a quasi-governmental organization under the Ministry of Gender Equality and Family, we have undertaken diverse counseling and welfare projects to support youth in their healthy development.

However, we are now facing new challenges – increasing violence among youth, over-dependence on the internet and smartphone, growing number of school dropouts and emotional/behavioral disorders – that all call for more active roles to be played by the KYCI.

The KYCI is striving to respond proactively to the changing social circumstances and provide effective solutions to the new challenges they impose on our youth. In coordination with Youth Counseling & Welfare Centers across the country as well as relevant agencies, we have expanded the range of support available for at-risk youth. Also as the central support body for Out-of-school Youth Support Centers (“K-Dream Center”), we provide full support for children and adolescents who are out of school to help them continue their studies and start a career.

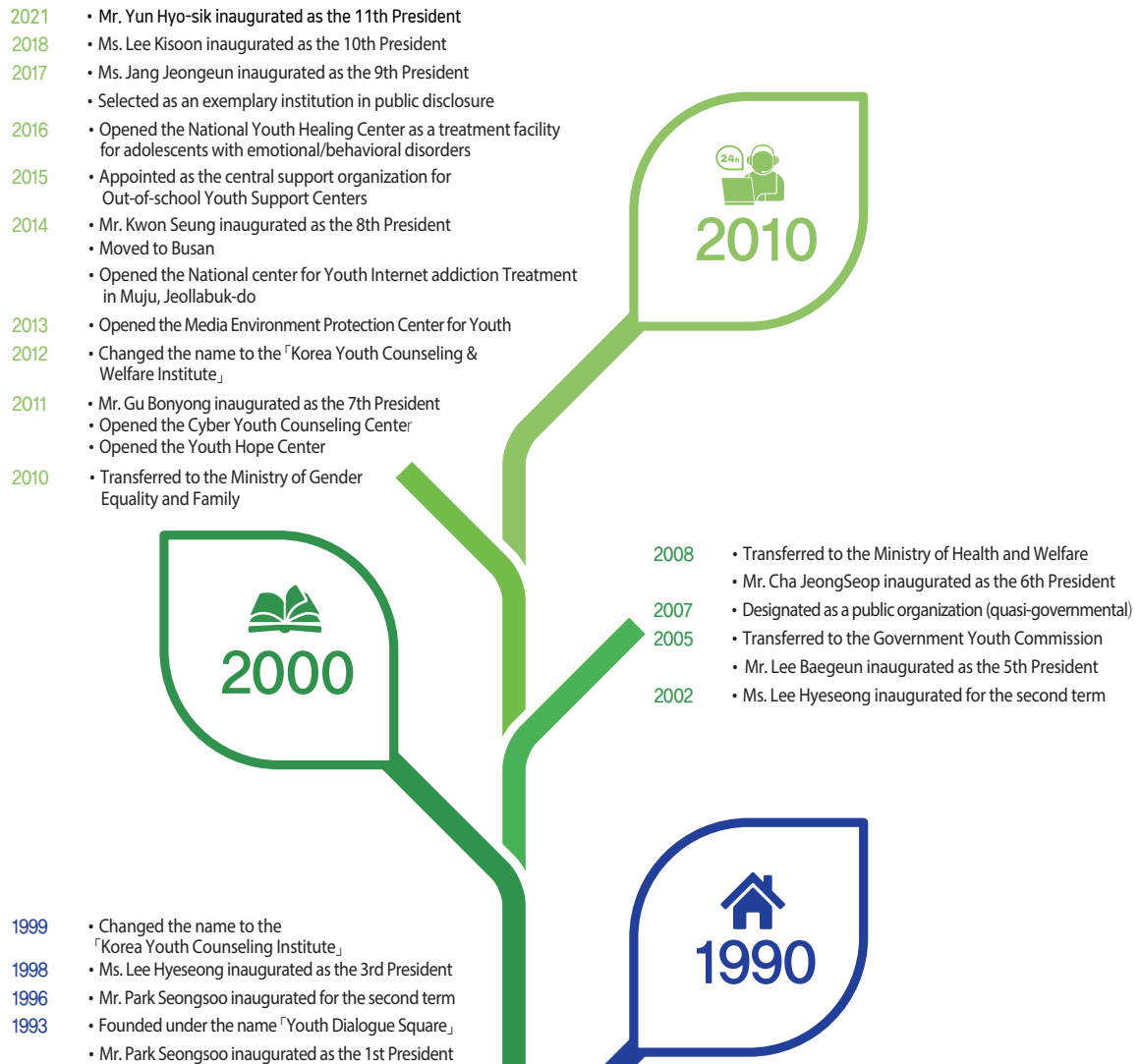
To help address the emerging issue of media overdependence, we have worked on making more effectiveness programs, and opened the National center for Youth Internet addiction Treatment, a specialized camp to treat internet and smartphone addiction. The National Youth Healing Center is another great organization that we run to provide support for treatment, training, and rehabilitation of youth with emotional/behavioral disorders.

We offer peer counseling programs targeting elementary, middle, and high schools to prevent school violence, along with character development programs for youth, and parent trainings to ensure better support within the family.

The KYCI is committed to making strenuous effort to strengthen its professional competitiveness as an overarching organization that provides comprehensive support for the development and welfare of adolescents.

Every member of the KYCI will stay committed to trustworthiness and openness to gain public confidence. We appreciate your continued support on our journey.

History



Functions

- Provide guidance and support for Youth Counseling & Welfare Centers
- Provide guidance and support for Out-of-school Youth Support Centers (K-Dream Center)
- Educate and train youth counseling/welfare professionals
- Run peer counseling programs to prevent school violence
- Develop and distribute programs for character development
- Run programs to prevent and counter adolescents' overdependence on the media
- Provide professional counseling services for youth
- Conduct research and develop programs for youth counseling and welfare
- Run the National center for Youth Internet addiction Treatment
- Run the National Youth Healing Center
- Improve youth welfare facilities (youth shelters, self-reliance support facilities, rehabilitation support facilities)
- Work on the projects and programs necessary to fulfill the purposes of the KYCI



Korea Youth Counseling & Welfare Institute



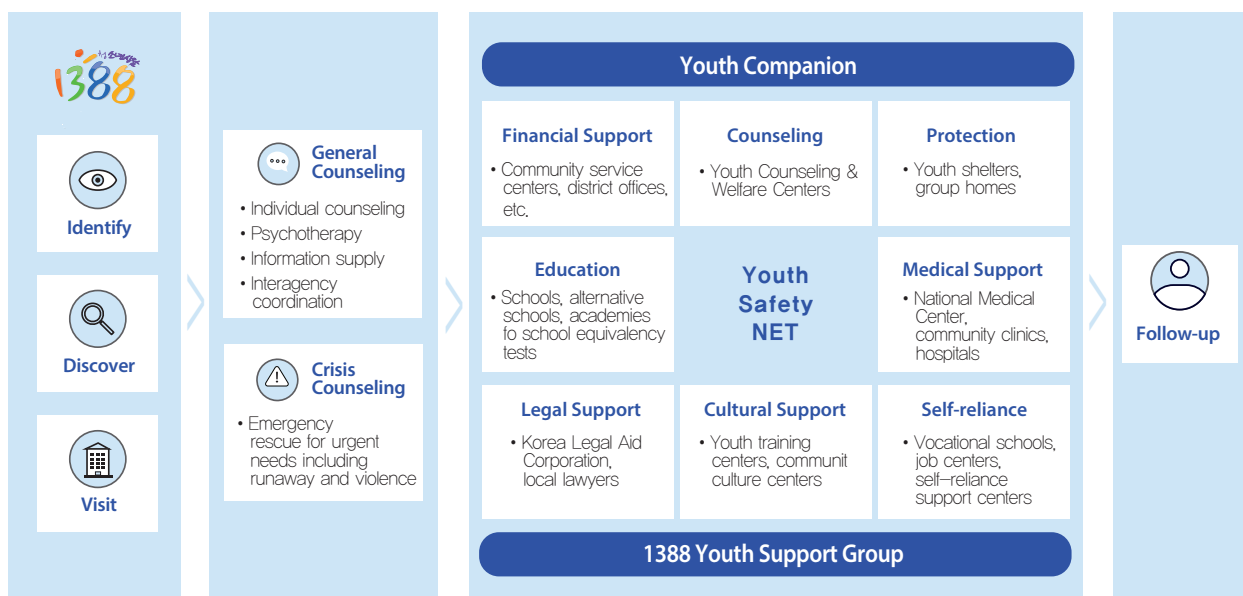
Support for Youth Safety Net

Youth Safety-Net is a framework to build a safety net for our young people to identify youth at-risk early on and provide them with comprehensive counseling/welfare services. Youth Counseling & Welfare Centers nationwide serve as bridges to tap into the resources of their local community including residents, agencies, and institutions.

The Centers are the hubs of the Youth Safety Net – they connect adolescents in need to a wide range of services such as counseling, protection, medical assistance, and self-reliance support.

Overseeing more than 230 Centers across Korea, the KYCI serves as a linchpin to ensure efficient operations of the Youth Safety Net and expand its reach to more people.

How Youth Safety Net Works



Youth Helpline1388

A 24/7 helpline to provide comprehensive services for youth in need. Open to children and adolescents struggling with any issues or seeking urgent help in a crisis.

Youth Companion

An outreach program that provides youth in crisis with diverse services including emotional support, psychotherapy, and connection to local resources/agencies.

1388Youth Support Group

A voluntary civic group that helps identify and support youth at risk. Performs a broad range of activities to include identification/rescue, medical/legal assistance, welfare support, and counseling/mentoring, as an official part of Youth Counseling & Welfare Centers nationwide. Encompasses citizens from diverse backgrounds – local pharmacists, doctors, internet cafe owners, taxi companies, private academies, lawyers, teachers, etc. – who share what they have to help youth in crisis.

Youth Counseling & Welfare Centers in Korea (as of 2020, Unit: ea)

Category	Total	Seoul	Busan	Daegu	Incheon	Gwang-ju	Daejeon	Ulsan	Sejong	Gyeong-gi	Gang-won	Chung-buk	Chung-nam	Jeon-buk	Jeon-nam	Gyeong-buk	Gyeong-nam	Jeju
Province	17	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
District	218	24	15	8	8	5	2	4	—	31	12	12	15	14	22	21	21	2
Total	235	25	16	9	9	6	3	5	1	32	13	13	16	15	23	22	22	3

Reach out to 1388



In-person counseling

Visit your nearest Youth Counseling & Welfare Center.



Tele-counseling

Dial 1388 from a landline or area code+1388 from your cell phone.



Online Counseling

Visit www.cyber1388.kr and start a chat.



Text Message Counseling

Send a message at #1388.



Kakao Talk Counseling

Find #1388 on Kakao Talk Plus Friend and send a message.

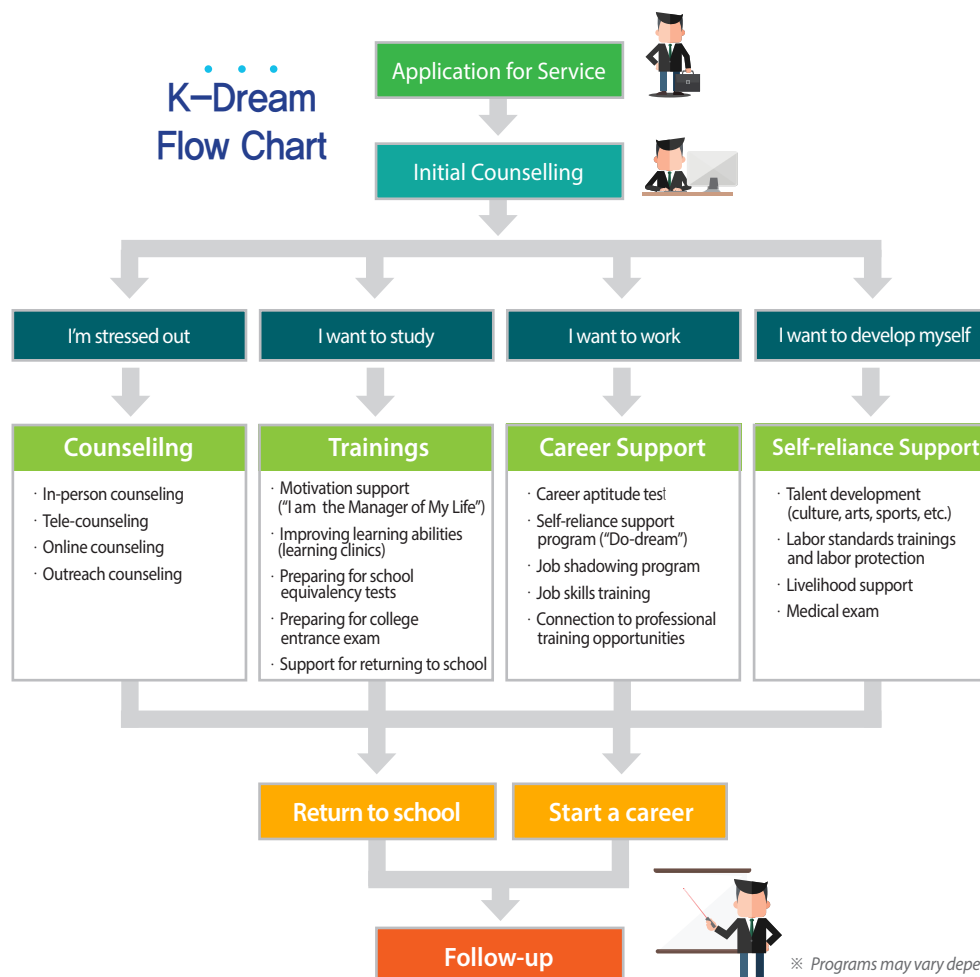
Support for Out-of-school Youth

The term “out-of-school youth” means children and adolescents who are not attending any school for varying reasons. Korea has implemented the Act on the Support for Out-of-school Juveniles since 29 May 2015 to make sure the government takes care of out-of-school youth so that no one's left without protection just because they are not going to school. In accordance with the Act, K-Dream Centers have been established with the purpose of supporting out-of-school youth, and there are now approximately 200 of them spread across the provinces and districts of Korea.

The KYCI is the central support body for the K-Dream Centers – we provide consulting for their personnel as well as professional trainings.

Moreover, we offer various services for out-of-school youth such as developing programs tailored to their needs, and connect them to other resources as necessary, as a supporter in their pursuit of dreams and journey to find their place in society.

Service Flow & Key Components



Contact

- Visit your nearest K-Dream Center.
- Visit the K-dream website for online application.
- Call 1388 (Youth Helpline).

※ All services are free of charge.

「K-Dream Centers」 across Korea (as of February, 2019)

Category	Total	Seoul	Busan	Daegu	Incheon	Gwang-ju	Daejeon	Ulsan	Sejong	Gyeong-gi	Gang-won	Chung-buk	Chung-nam	Jeon-buk	Jeon-nam	Gyeong-buk	Gyeong-nam	Jeju
Province	17	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
District	198	25	14	8	8	5	2	4	—	30	11	12	15	9	19	14	20	2
Total	215	26	15	9	9	6	3	5	1	31	12	13	16	10	20	15	21	3



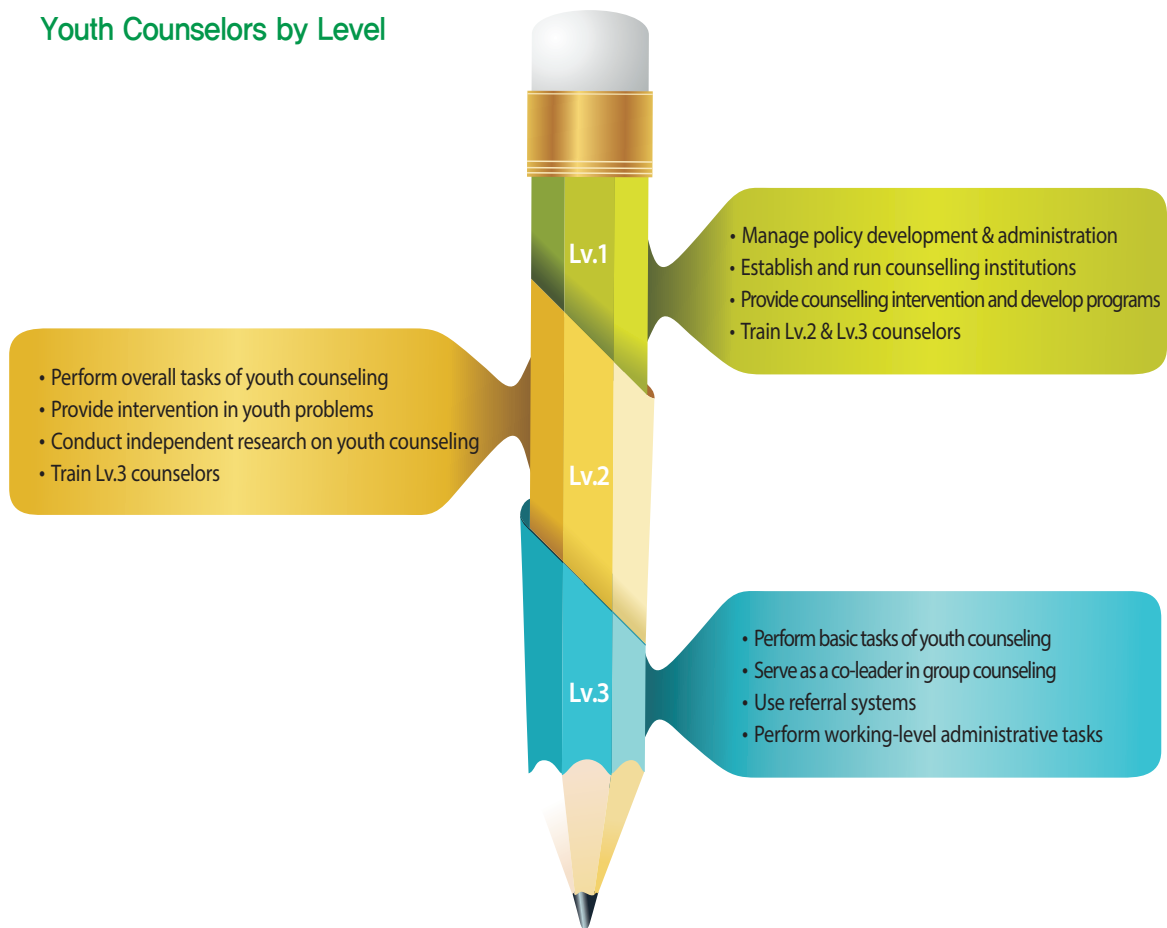
■ ■ Training for Prospective & Current Youth Counselors

"Youth Counselor" is the only government-certified license in youth counselling in Korea in accordance with the Article 22 of the Framework Act on Juveniles.

To be certified as a youth counselor, a candidate must meet the qualification standards for education and career experience in youth counselling, and pass a qualification test as well as interview. The candidate is then certified by the Minister of Gender Equality and Family as a licensed youth counselor after completion of 100 hours of training. More than 8 hours of refresher training is mandated by law to ensure that the youth counselors stay current and competitive.

As an overseeing body of the youth counselor qualification system, the KYCI provides youth counselors with trainings to develop professional skills and competitiveness. Our training programs aim to produce specialized youth counseling professionals and expand their reach, thereby contributing to youth development and building a response system for at-risk youth.

Youth Counselors by Level



www.youthcounselor.or.kr



Certified Youth Counselor by Year

(Unit : person)

Year	Lv.	Level 1	Level 2	Level 3	Total
2003		107	293	284	684
2004		21	90	103	214
2005		21	171	151	343
2006		30	171	206	407
2007		1	177	296	474
2008		47	194	450	691
2009		15	239	517	771
2010		14	140	332	486
2011		19	298	418	735
2012		29	335	928	1,292
2013		12	225	990	1,227
2014		15	409	1,558	1,982
2015		52	564	1,531	2,147
2016		39	830	2,141	3,010
2017		88	1,042	1,594	2,724
2018		109	787	1,515	2,411
2019		87	1,593	1,623	3,303
Total		706	7,558	14,637	22,901

Fields of Practice (employment rate of 82.1%)

Field of Practice	Total	Field of Practice	Total
Youth Counseling & Welfare Centers-K-Dream Centers	473 (15.1%)	Healthcare/medical service	69 (2.3%)
School counseling	592 (19.7%)	Law/police/fire-fighting/correctional service/national defense	38 (1.3%)
Wee school-center-class	173 (6.0%)	Private practice	133 (4.4%)
Youth welfare facilities	91 (3.0%)	Others	178 (5.9%)
Government-associated counseling agencies	83 (2.8%)	None (unemployed)	538 (17.9%)
Social welfare/religious service	198 (6.6%)	No response (employed)	258 (8.6%)
Education/natural science/social science	176 (5.6%)		
Total		3,006 (100.0%)	

※ Survey on 3,006 out of 18,122 youth counselors certified from 2003 to the first half of 2018.

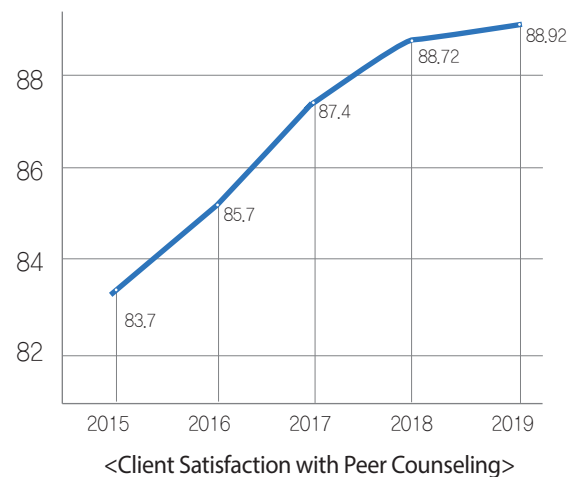
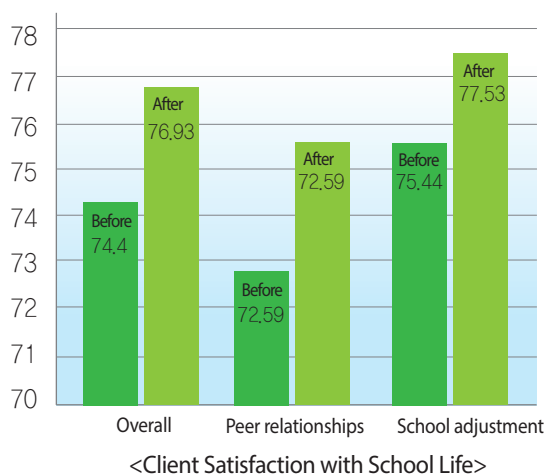
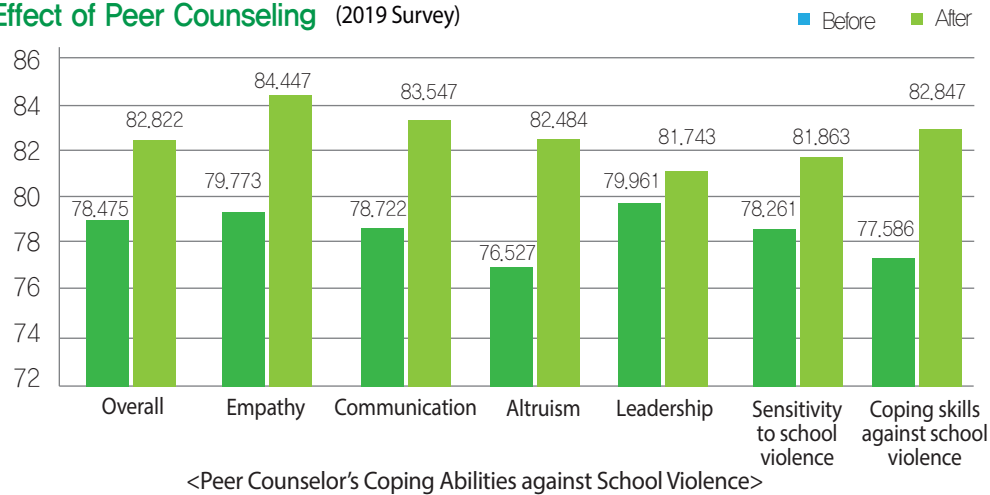
Peer Counseling for School Violence Prevention

"Peer counseling" is a program where a group of trained youth help their peers solve problems with psychological and emotional support.

The program is based on the notion that peer counselors can be effective in interacting with struggling youth, as peers who share similar culture and experiences tend to have greater influence among adolescents. It has been adopted by elementary, middle, and high schools across the country.

The KYCI offers training opportunities for peer counselors and their school counselors, provides support for their activities, and shares best practices, thereby leading efforts to prevent school violence and foster a positive peer culture.

Effect of Peer Counseling (2019 Survey)



Status

Year	School (Unit: ea)	Peer Counselor (Unit: person)	School Counselor (Unit: person)
1994~2011	—	112,996	18,617
2012	4,638	60,681	6,233
2013	5,217	77,233	7,310
2014	6,396	104,650	7,277
2015	6,732	126,938	5,417
2016	7,713	171,950	4,715
2017	8,005	247,386	5,552
2018	8,205	367,876	6,219
2019	9,012	482,933	6,601

Character Development Programs

We develop and offer programs to help character development and parent training.

• Olteen Character Building

A program designed to cultivate moral values such as integrity, empathy, and self-control, with various activities that suit developmental stages of adolescents

• Eum Parent Training

A case-oriented program to reflect changing circumstances and traits of adolescents, with the focus on helping parents establish core parenting principles and play a positive role in their child's development

• Youth Character Development Training

Programs that are designed to build positive character traits in youth to become a desirable member of society; planned and developed according to the Character Education Promotion Act

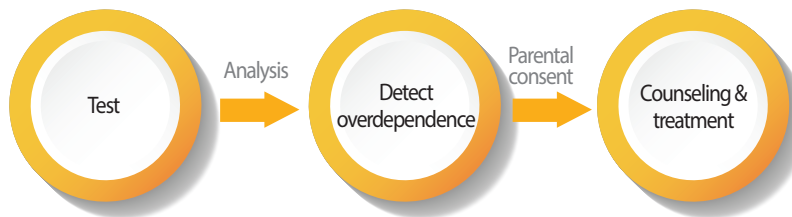


■ Preventing & Combating Media Overdependence

We take the lead in combating internet and smartphone overdependence among youth by offering counseling programs and treatment camps as well as trainings for practitioners in the fight.

Internet & Smartphone Addiction Test

Internet/smartphone addiction tests are available for 4th, 7th, and 10th graders (transition years) to allow for early detection of media overdependence and intervention through counseling and treatment services.

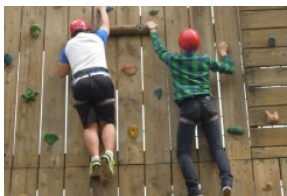


Coordinated Service between Counseling & Hospital Treatment

We provide individual counseling, group counseling, and parental trainings considering the level of overdependence, as well as financial assistance for treatment in partnership with hospitals.



Treatment Camps for Internet & Smartphone Overdependence



• Internet/smartphone-free Healing Camp

This program is designed for middle and high school students who find it hard to leave the screen. The participants spend 12 days with no internet access, but with a wide range of activities, experiences, and counseling service to help them re-establish their relationship with the internet and smartphone.



• Family Healing Camp

This three day family program aims to help children ages 10-12 and their parents who are experiencing media overdependence and associated problems including family conflicts and difficulties adjusting to school. The families participate in group counseling sessions, learn effective ways to manage screen time, and enjoy family activities to get closer together and build healthy habits for internet and smartphone use.

※ To apply for participation, visit the KYCI website or call your local Youth Counseling & Welfare Center.
(Dial 1388 with no area code)

Professional Training on Internet & Smartphone Overdependence

We offer professional training courses for Youth Counseling & Welfare Centers, youth companions, youth counselors, and professionals in youth-related agencies to better equip them with skills to work on media overdependence among youth.

• Basic

Couse	Content	Period
Basic I Understanding Media Overdependence in Youth	<ul style="list-style-type: none"> • Pathological understanding of internet overdependence • Policies to combat internet overdependence • Gaming and youth culture • Understanding online gambling 	1 day (8 Hours)
Basic II Intervention for Media Overdependence in Practice I	<ul style="list-style-type: none"> • Intervention processes and practice • Parent training 	1 day (8 Hours)
Basic III Intervention for Media Overdependence in Practice III	<ul style="list-style-type: none"> • Group counseling for internet/smartphone overdependence • Understanding comorbidity of media overdependence • Media and code of ethics for counselors 	1 day (8 Hours)

• Intermediate

Couse	Content	Period
Intermediate I Intervention for Media Overdependence in Practice I	<ul style="list-style-type: none"> • Training for parents of young children • Group counseling for young children • Individual counseling – Smartphone 	1 day (8 Hours)
Intermediate II Intervention for Media Overdependence in Practice IV	<ul style="list-style-type: none"> • Individual counseling I – Internet (protocol) • Individual counseling II – Internet (protocol) 	1 day (8 Hours)
Intermediate III Family Intervention for Media Overdependence in Practice	<ul style="list-style-type: none"> • Family counseling • Family program("Bring balance to habits") I • Family program("Bring balance to habits") II 	1 day (8 Hours)

• Advanced

Couse	Content	Period
Advanced I Supervision & Therapeutic Techniques I	<ul style="list-style-type: none"> • Supervision in media overdependence counseling I • Techniques for media overdependence I 	1 day (8 Hours)
Advanced II Supervision & Therapeutic Techniques II	<ul style="list-style-type: none"> • Supervision in media overdependence counseling II • Techniques for media overdependence II 	1 day (8 Hours)





Counseling Service for Youth

Our professional counselors work with youth clients in their specialized problem areas, and provide effective intervention for youth in crisis situations.

Individual Counseling

Our team of professional counselors help clients with their life challenges and facilitate personal growth through interviews and various counseling techniques.



• Appointment 051-662-3000

• Hours of Operation 09:00~18:00, Mon-Fri

Psychological Assessment

Clients take psychological tests when it can assist their individual counseling.

We offer personality type assessments and career assessments on Saturdays followed by feedback.

- Test Type **Personality Type Assessment** : MMTIC (5th-8th grades), MBTI (9th grades and above)
Career Assessment : Career Development Inventory (elementary school students)
 Career Exploration Test (middle-high school students)
 College Major Assessment (high school students)
 Career Aptitude Test (college students)

• Office Hour Test & Feedback : 09:00, Saturday (bi-weekly) • Appointment 051-662-3000

Group Counseling

Quarterly group counseling is open to children, adolescents, and their parents to explore diverse topics including interpersonal relationship, career, learning, family conflicts, and communication skills.



Research on Youth Counseling & Welfare

We develop effective counseling and welfare programs for Youth Counseling & Welfare Centers and agencies in the field, in an effort to provide standardized, high-quality services to better address challenges facing our youth.

Research & Program Development

Our researchers select topics to work on based on the analysis of youth-related issues and needs assessment, and produce 1-2 study outcomes and 4-5 programs in varying problem areas each year.

Publication of the “Korea Journal of Youth Counseling”

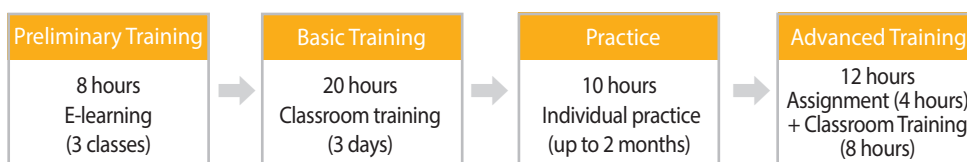
We publish insightful articles in the field of youth counseling and welfare, covering diverse subject areas ranging from policies to counseling theories and practice, research methods, and case studies.

■ Training in Youth Rights

We believe in the value of helping young people learn how to protect their own rights and respect the rights of others. To this end, we provide trainings in youth rights, train the trainers, and develop content for education.

Train-the-Trainer Course

- A 50-hour course for youth workers and youth service professionals (basic, advanced, and practice courses)
- Provides teaching programs and manuals that serve the needs of the audience



Youth Rights Training for Youth Service Professionals

- Trainings designed for professionals in Youth Counseling & Welfare Centers, Do Dream Centers, youth training centers, etc.
- Covers human rights sensitivity and better advocacy for youth rights

Awareness Training for Youth

An empowering program to help young people sharpen their human rights sensitivity and have deeper understanding about "difference vs discrimination"

Trainer Matching Service

A matching service between the youth rights trainers and organizations seeking to host training for youth/ youth workers

Application for Trainer Matching Service

Visit the KYCI website (<http://edu.kyci.or.kr/index.asp>)- Sign in – My Page- DB 3.0 SYSTEM –Trainer Matching



Labor law for Youth



UN convention on the rights of the children

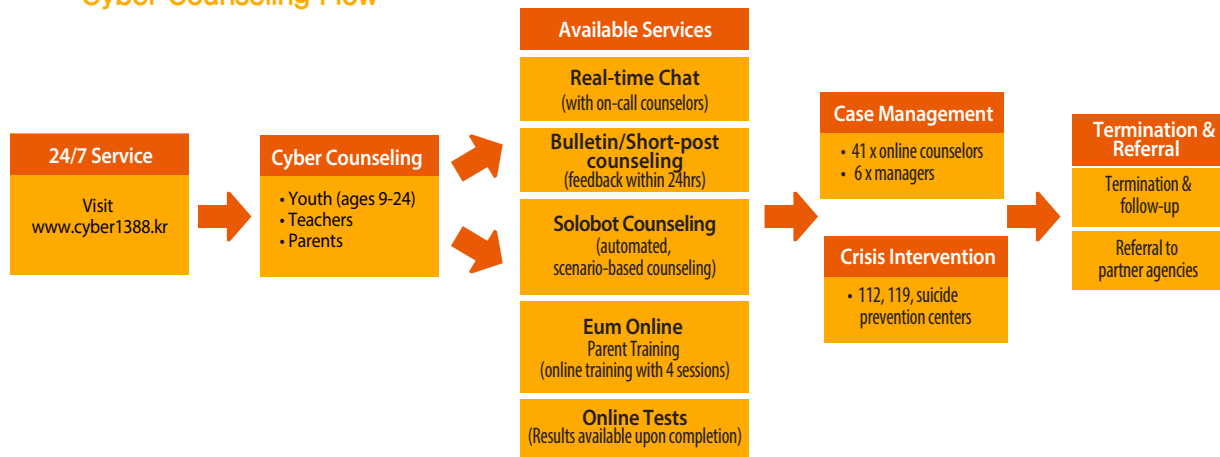


The Universal Declaration of Human Rights

Cyber Youth Counseling Center

Our cyber counseling center is open to children and adolescents seeking help on any issues including study, career, family relationship, and school violence. Services are available 24/7 on PC and mobile phone.

Cyber Counseling Flow





Ensuring Quality of Youth Welfare Facilities

We support operations of the youth welfare facilities governed by the Article 31 of the Juvenile Welfare support Act including more than 130 youth shelters and independent living support centers as well as about 20 youth rehabilitation centers. Committed to ensuring quality service, we provide trainings and consultation for service providers and develop manuals/programs tailored to the needs of organizations.

Youth Shelter Network



Youth Shelters by Type

Category	Temporary Shelter	Short-term Shelter	Mid-to-long-term Shelter
Purpose	Runaway prevention, early detection, early intervention & protection	Protection, returning home, moving to independence	Self-reliance support
Period	24 hours-7 days Temporary protection	3 months(up to 9 months in total) Short-term protection	3 years (up to 4 years in total) Mid-to-long-term protection
Target	Street youth, runaway & homeless youth	Runaway youth	Runaway youth preparing for independence
Role	Early detection/protection of runaway youth, temporary protection, street outreach	Temporary protection, street outreach	Psychological/emotional counseling, educational support, independent living support
Location	Traveling (vehicle) Stationary (areas of high youth traffic)	Urban area	Residential area

Youth Welfare Facilities in Korea

(as of December 2019)

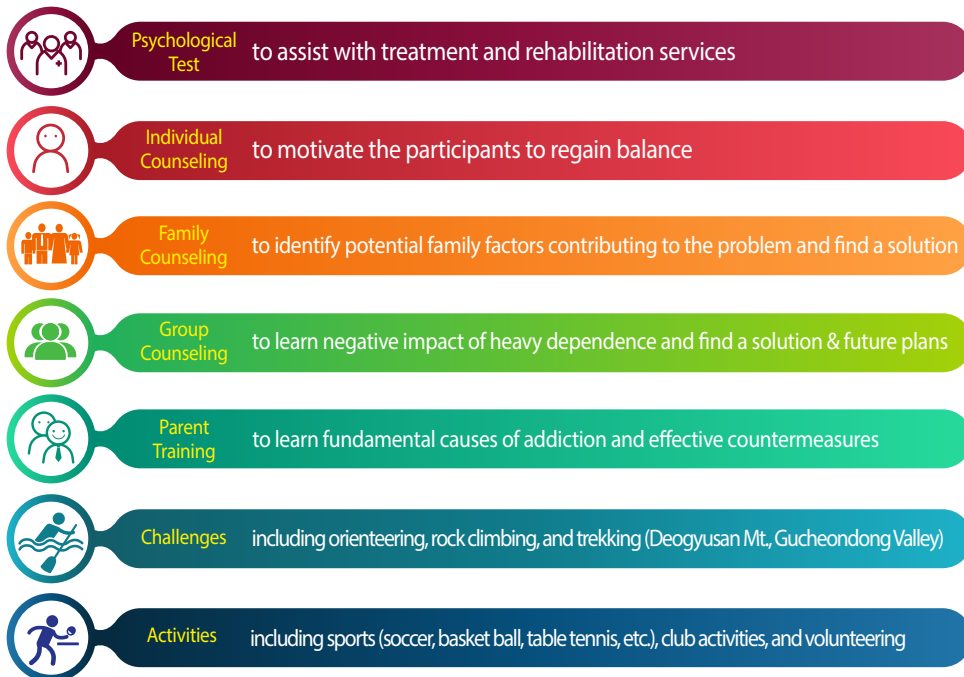
Category	Total	Seoul	Busan	Daegu	Incheon	Gwangju	Daejeon	Ulsan	Gyeonggi	Gangwon	Chungbuk	Chungnam	Jeonbuk	Jeonnam	Gyeongbuk	Gyeongnam	Jeju
Youth Shelter	Total	134	17	6	6	8	5	6	5	31	6	7	10	5	4	5	6
	Temporary	32	8	2	2	2	1	2	1	6	1	2	1	1	—	—	2
	Short-term	62	5	2	2	4	2	2	2	18	3	3	6	2	3	2	2
	Mid-to-long-term	40	4	2	2	2	2	2	2	7	2	2	3	2	1	3	2
Independent living support center	6	1	—	—	2	—	—	—	1	—	—	—	—	—	—	—	—
Rehabilitation center	20	—	5	—	—	2	2	1	1	—	—	1	—	—	—	6	—

National center for Youth Internet addiction Treatment

The National center for Youth Internet addiction Treatment is a camp located in Muju to help children and adolescents having emotional/behavioral difficulties associated with being overly dependent on the internet and smartphone. Participants have opportunities to learn how to build a healthy relationship with the internet through counseling sessions and a variety of activities and experiences in an internet-free environment.

Offering programs of 1-4 weeks, the center has been designated as an alternative school by 17 Metropolitan & Provincial Offices of Education, which means students can participate even during school semesters with attendance credits. Participation history does not go on school records.

Key Services



How to Apply

- Download “Application” from the center website and submit via e-mail or fax.
- Applications are accepted after an admission board to determine potential causes of the problem based on psychological tests and pre-interviews.

- Address 1559-11 Jangmu-ro, Anseong-myeon, Muju-gun, Jeollabuk-do
- Phone 063-323-2285, 2287
- Fax 063-324-2293
- E-mail dream@nyir.or.kr

nyit.kyci.or.kr





National Youth Healing Center

The National Youth Healing Center offers residential training courses for youth with emotional/behavioral difficulties to help them recover and treat problem behaviors through comprehensive professional services.

Main Programs

Category	Program	Period	Target	No. of Participants
Long-term Course	Oreum	1 month (Jan-Feb)	Children & adolescents with emotional/behavioral difficulties	60 (once a year)
	Didim	4 months (Mar-Jul & Aug-Dec)		60 (twice a year)
Short-term Course	Healing Camp	5 days	Middle and high school students having difficulties in school adjustment and interpersonal relationships, or at risk of dropping out (application via school)	25 per course

- Counseling & Treatment : Comprehensive counseling/treatment services with psychiatrists, psychotherapists, and counselors
- Special Therapy : Various types of therapies assisted by music, painting, sand play, arts, dance/movement, gardening, yoga/meditation, and animals
- Education : Alternative education and assistance with school equivalency test (alternative school)
- Self-reliance Support : Career training, career search, and career experience programs to support self-reliance after completing the courses
- Protection : Opportunity to form healthy habits and learn social & interpersonal skills in a residential setting (group home)

How to Apply

- Ages : 9-18 years (ages at the start of course)
- Application : Available through Youth Counseling & Welfare Centers, Out-of-school Youth Support Centers, schools and district offices of education, youth shelters, Wee Centers, and other youth welfare facilities.
- Address : 252-76 Gakgung-ro, Namsa-myeon, Cheoin-gu, Yongin-si, Gyeonggi-do
- Tel 031-333-1900 • Fax 031-333-7200
- Website for Application <http://center.nyhc.or.kr>



Corporate Social Responsibility

Social responsibility is an integral part of our business. As a public institute, we are committed to delivering high-quality services, making social contribution, and leading cooperation and exchanges with international youth organizations.

Customer Satisfaction

- High quality, youth-oriented services in collaboration with the Youth Advisory Group
- Online and off-line Voice of the Customer channels to listen to customers and reflect their needs in services
- Customer-centered services based on the customer charter, business practice standards, and customer service standards.

Social Contribution

- Talent donation for youth in need with the pool of counseling and welfare experts within the organization
- A payroll giving program - "Love Coin" - to allow employees to make donations through payroll deduction to help youth welfare facilities
- Volunteer programs to help rural communities in a sister town partnership, free meal serving volunteering, food market community service, etc.



International Exchanges

- Visits to overseas youth agencies and participation in international academic conferences to sharpen global competitiveness
- Exchange of programs developed by the KYCI and international partners to improve expertise



A RELIABLE FRIEND FOR YOUTH, A TRUSTWORTHY PARTNER FOR YOUTH PROFESSIONALS

Location



Direction

Subway : 900m from Exit 6, Centum City Station (Line 2) - 10 minutes on foot

Bus : (Regular) 181, 307, 115 - SK Telecom Station

(Regular) 181, 307, 115 (Express) 1002 - Centum Middle School Station

Contact

Website : www.kyci.or.kr

Facebook : www.facebook.com/kyci1388

Phone : 051-662-3000

Address : 7-10th floor, Centum Jungang-ro 79, Haeundae-gu, Busan



한국청소년상담복지개발원
Korea Youth Counseling & Welfare Institute